



## BF-GF: MONSTER Lust Vs MASTER Love

Please be alert and awake in your relationships. Do not allow a dating or BF/GF relationship to be a venue where the other acts out their lust or addictions instead of nurturing a wholesome healthy relationship.



### MONSTER Lust vs MASTER Love

“Dude, I want to try SEX”, “My BF wants to experience sex, you think I should give him what he wants?”, “Have you heard of ‘Friends With Benefits’?”, “We went to a hill station and had sex on my birthday, but...”, “Actually, I did not enjoy it the first time, I need to learn more about it which is why I have to try it again.”

If you choose to give yourself to MONSTER Lust, you are headed for trouble. “LUSTER” is someone who has a divided soul. *This person has deep-seated needs caused by rejections.* But he/she is unaware of this and is unable to express these needs in a healthier manner. So, he/she tries to fill such voids through sexual pleasure and may even have fallen into sexual addictions.

Now let’s define MASTER Love. A love that is genuine, transparent, committed and willing to wait. The one who practices Master Love is a master of his own emotions and feelings, who **does not push and is willing to wait with respect**, allowing the right timing, right relationships

within right boundaries, at the right age, which in a healthy way leads to a good example marriage and life beyond.

### A Real Life Story

Kavitha loved Gautham and wanted to be with him. So, she gave in to sleeping with him. Even though it was against her values, she liked the fact that he wanted her so desperately. But what confused her was that he seemed unable to connect in other ways. Even simple things like



having a mature conversation or sharing her emotions were impossible because, he would then instantly begin to withdraw. He was disconnected and unreachable at a level of emotional needs, he just didn't seem to need it. But, when it came to sex, he was all for it.

**Do not make it a space with no boundaries where the other can act on their whims and fancies with you.** You can and must have a BOUNDARY. Please do not be reduced to being a mere puppet for someone to fuel their addictions. Say NO before it is too late.

### A Real Life Story Again

Deeksha was 17 years old. She was good-looking and vivacious. She basked in all the attention she got from the guys that were hitting on her. Of course, she would not immediately give in, she liked the chase. It made her feel wanted. But eventually she would soften and give in. There were several guys, over several seasons. A few times, old flames would bounce back after her, but mostly there were new ones chasing her, in any case, there was always someone. As she was now relating her story to me sitting by the sidelines of the football ground, I could see her tearing up. The happy, vivacious, 'have it all' girl was hurting deep inside.

As we continued to speak, she began to realise that there was in fact deep-seated rejection and neglect inside her. She had been trying by her own means to fill these voids and vacuum. I was able to connect her to a lovely lady and slowly yet steadily she began to make her way out of the dump.

Let us now look closely at what exactly happens when **Teenagers or young people do cross limits and get physically intimate** before or beyond marriage.

**A. They are splitting their soul and body.** A real division takes place inside a person which is then very difficult to repair for later relationship. The body is given 100% whereas the soul is only connected at a lesser degree. The person is torn and split deep inside. It is sad that many

such people then walk into marriages in the same state of damage and split. It starts affecting every aspect of a good family and then boils down to the children paying the cost.

**PLEASE DO NOT LET YOUR CHILD SUFFER. THEY HAVE THEIR WHOLE FUTURE AHEAD OF THEM.**

**B. A very precious aspect of a person, something very intimate, personal, of great value, esteem and closely related to one's identity is frivolously shared or made available to another, literally thrown away very cheaply.** It's worth cannot be regained. Even if a marriage happens and life sets in within the right framework, that precious aspect of oneself seems of no value, old and dusted, used and thrown, mere reminder of the ugly past and so on. Be wise! The disappointment sets in, one starts dragging through life with guilt, no excitement, commitment or joy.

**C. Teenagers and youth start using others for their own pleasure and lust.** This is a long way off from love and will greatly affect and hinder their real ability to value and love. It pushes them into addictive cycles, which is why some older teens or youth don't hesitate to approach 'Call Girls' or 'Sexual Massage Parlours'. At the end of the day, they realise that the emptiness inside, remains. Some then try alcohol or drugs. Do you see something devastating? When actual needs (real love, affirmation, appreciation and so forth) are not fulfilled through the right sources, within right relationships, terrible twists and turns begin to cut through leaving marks and scarring for life.

At this point let me take it further and differentiate.....

### **MONSTER Lust from MASTER Love**

#### **How do you know when you are driven by MONSTER Lust?**

- Lust is comfortable, calculated and convenient. It gratifies the flesh and isn't complicated. At this level, relationships are easier to jump in and out of and it is presumed to be harmless (Believe me, it is not!).

**WARNING! —** While at first there may be some regret the more often you do it, the harder your heart gets, and the easier it is to do. — **THINK ON THIS!**

- Let me explain the 'calculated' side of lust. You never give more than you get. Extra giving is only the result of extra getting. Both sides keep the ruler out and no one is willing to invest an ounce of extra effort in the relationship. Yes, they are in a relationship, but it's measured.

**WARNING! —** Lust only craves more. —**THINK ON THIS!**

- Lust is driven by 'drives' and the 'drive' is all about externals. So, with time, the 'drive' runs out of fuel, or gets bored and predictable and not so exciting. So, the desire to stay together

withers out. (Lust cannot weather sickness, loss of a job, distance or anything which demands a withdrawal since lust makes no deposits.)

**WARNING! ———** Lust cannot give and hold commitments. — **THINK ON THIS!**

- In a Lust relationship **the two never become one**. They may learn to co-exist for appearances sake, for the children's sake, or even out of respect for the institution of marriage but they will never be one.

**WARNING! ———** This is one of the major reasons that you see around you those dissatisfied, dry, depressed, devastated, double, dumped, dying lives. — **THINK!**

**How do you know if it's *MASTER Love*?**

- *MASTER love* is spontaneous and unchanging. It doesn't matter where we are going as long as we are going together. It doesn't need Las Vegas because there is already enough music and bright lights in the hearts of those who are truly in love. Separation, time or distance cannot quench real love because love doesn't live just in the present when the other is nearby, but it lives in the heart internally and eternally.
- *MASTER Love* begins with a 0% expectancy rate – *MASTER love* is not thinking about ROI (Return on Investment). *MASTER love* has no expectations. It would rather give than receive. It doesn't have time to measure because it is busy cherishing the other, their relationship and the pure joy it brings.
- *MASTER love* develops and is sustained in the heart. Today one so casually and frequently refers to 'heart' when what they actually mean is 'feelings'.
- *MASTER love* costs much because it requires deposits and withdrawals. It takes tremendous efforts to communicate, listen, nurture and nourish the other. It cares unconditionally.
- Age cannot affect *MASTER love*. In fact the longer and deeper the giving the stronger the bonds of love become.
- Sex with *MASTER love* is the culmination but never the destination. It gives because it loves, not because it should, it owes or it's expected.

**God wants you to keep your BOUNDARIES. THEY are to surely protect you and surely they will, in a number of ways.**

Saying NO to physical intimacy will be the **only way you find out** what he or she is like when he or she has to respect a limit :)

It will also let you know of the other's self control, delay in gratification, ability to move sacrificially and willingness to love and please God's standards.

**Can you take a moment and remind yourself of your own story or another story you have heard?**

**That one evening on the terrace (when you almost had sex), that one afternoon when no one was around (when you went all the way), that one movie you watched on the side seat (where you allowed every possible touch), that one long bike ride on the highways (where you went for it), that 15 minutes spark in the car, in the parking lot, that one night trip to a hill station, that one evening at the park bench,.....** and I can keep adding to this list. I have heard so many stories in the last 21 years about how young lives have been broken because they chose not to be wise in keeping their boundaries.

Dear teenager, make a **decision right now**. Let setting a boundary become a conviction right now before you get up and go. Right now! You will never ever regret!

**What if you have already given in?** Hey, I gave in when I was a teenager (thank God I never went all the way but did play around a lot). Each time, I walked away feeling totally empty, no better than before it. But I did find forgiveness and restoration in the Almighty God, who loves me. He loves me in spite of who I was.